



## Energy Body

Residential

*2020 Website Program Description*



## Energy Body

Created by Energy Healer Patty Ray Avalon, this unique program empowers you with the ability to increase and manage your personal energy—rejuvenating your body, mind and spirit

Residential Program

**\$2,195.00**

5 Days + 6 Nights

Explore the human body's various energy points that promote a healthy body and mind. Learn how to stimulate vital organs to promote health and well-being. Connect with your will, self-confidence and personal power.

Learn to activate your personal energy/consciousness system. Connect with your will, self-confidence and personal power. Focus your energy to remove imbalances and blocks. Release stuck emotional energy and shift into empowered states for manifesting your desires

Tune up your chakras and create vibrancy and vitality in your body. Learn how to stimulate vital organs to promote health and well-being. Discover how to make positive shifts in your life in the form of better health, vitality, financial abundance, quality relationships, clarity and more.

## What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.

 <p><b>Semi-Private Rooms</b></p> <p>Standard accommodations are double-occupancy rooms.</p>	 <p><b>Free Wi-Fi</b></p> <p>Free Wi-Fi is available for guests</p>	 <p><b>Daily Meals</b></p> <p>Our dining menu offers many healthy fresh options with a farm-to-table philosophy.</p>
 <p><b>Shuttle Service</b></p> <p>Local area, shuttle transportation is included on the first and last days of each program.</p>	 <p><b>Swimming</b></p> <p>During afternoon breaks, enjoy a dip in the swimming pool or lake (weather-permitting).</p>	 <p><b>Massage</b></p> <p>Massages are available during weeklong retreats during afternoon breaks. (additional fee)</p>